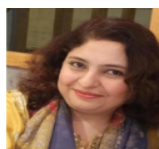


- CV



**Registered Nurse**  
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Sindh, Pakistan

# Shaheena Alwani

## Profile

Bringing forth highly regarded skills in providing optimum patient care and carrying out all treatment protocols with sensitivity and precision. Solutions oriented and professional Nurse Leader. An avid reader & researcher

Full name: Shaheena D/o Salim Jumani W/o Salman Alwani

Pakistan Nursing and Midwifery Council Registration Number: A-39659.

Experience of **2 decades** as Front Line Leader in Nursing and Nursing Education

LinkedIn: [https://www.linkedin.com/public-profile/settings?trk=d\\_flagship3\\_profile\\_self\\_view\\_public\\_profile](https://www.linkedin.com/public-profile/settings?trk=d_flagship3_profile_self_view_public_profile)

ResearchGate: <https://www.researchgate.net/profile/Shiheena-Alwani>

FaceBook: <https://www.facebook.com/sonia.jumani.31>

### **Education and Official Membership:**

- Enrolled in MPhil in Education from Aga Khan University- IED September 2024- 2026. MPhil bridging is concluding by Dec 27, 2024.
- MPhil 1st semester GPA= 3.65, Bridging in MPhil Pass, Ist semester 3.65 GPA. Deans Honor list award distinction in academic and project 2025, Career Guidance and Stepping into the Real World: Empowering Adolescents through Life Skills and Menstrual Hygiene Education at a Peri-urban Site,” has been recognised for its exemplary educational merit and transformative community impact.
- CIES- Comparative International Education Society Member from Nov 2026. One of the prestigious communities. Media and Outreach Lead AKU IED Activity Club: Official Instagram page handle: life\_at\_akuied
- Post Graduate in Maternal and Child (Sep, 2011- Jul, 2015) from The University of the West of Scotland, Paisely Campus United Kingdom. Sponsored by Institute on Merit Basis. Distance learning Programme. Obtained ECT 60
- BSc Nursing (Aug, 2001 - Dec, 2005) from Aga Khan University School of Nursing and Midwifery. Secured CGPA 3.61.

- Higher Secondary Education (HSC) Aga Khan Higher Secondary School Karachi, Pakistan.
- Secular Secondary Education (SSC) Aga Khan School Garden Karachi, Pakistan. Secured A grade
- Got selected and attended to participate in the IIS (Institute of Ismaili Studies), London in CEP Course Shi'i Islam: Thought, Beliefs and Practices & The Shari'a: Development of Fiqh and Ethics in Muslim Contexts held in August 2019, London.
- Certified Virtual course by IIS (Institute of Ismaili Studies), London on Trends in Education about Islam: Opportunities and Challenges held on 19th – 30th October 2020.
- Completed Higher Religious Education from Amynabad Religious Education centre and then did HWDP (Honorary Waezeen Development Program in 2005)
- Serving community as Head teacher, Teacher educator on honorary basis.

### **English Language Proficiency:**

Valid Occupational English Language test scores: Oct 28, 2023: S: 370, L:330, R= 320, W: 350. (Test taken on Oct 28th, 2023).

English MOI (Medium of Instructions) by: Aga Khan University School of Nursing & Midwifery and The University of the West of Scotland.

### **Employment History:**

**Promoted as DG Nursing and Nursing Education in May 2025 and had been working as Head of Department Nursing and Nursing Education Services, Patel Hospital Karachi Pakistan (July 2023- May 2025)**

#### **Responsibilities:**

- ✓ Developed and supervised nursing staff to ensure quality patient care and staff development.
- ✓ Expertise in Women and Child Health Nursing, Medical Surgical Nursing and Primary Health Nursing.
- ✓ Established and maintained effective working relationships with physicians, nursing staff, other healthcare professionals & multi-disciplinary teams.
- ✓ Collaborate with interdisciplinary teams to coordinate patient care, resulting in improved continuity of care.
- ✓ Developed and maintained a comprehensive electronic medical records system that improved data accuracy and assisted with decision-making introduced: ADT system (Admission, discharge and Transfers). Online Nursing documentation module initiated.
- ✓ Provide support and counselling to patients and their families in times of crisis and distress.
- ✓ Developed and implemented a comprehensive patient education program that improved patient self-care and reduced hospital readmission.
- ✓ Clinical expert with hands on expertise in Managing patient care areas.
- ✓ Spot checking and performing patient assessments and nursing skills during Clinical rounds and giving feedback to assigned staff.
- ✓ Counselling, Mentoring and Coaching. Expertise in disciplining as per hospital rules.
- ✓ Skilled professional and Policy maker with implementation.

- ✓ Dealing difficult Intravenous cannulation, NG skills, foley's catheterization, dressing, equipment's handling.
- ✓ Medication, patient education, coordination for assigned patients with novice and trainees.
- ✓ Training modules development with IT.
- ✓ Workshops, CNEs, Simulations based activities, skills hand on, nursing skills as per checklists.
- ✓ Capacity building and staff development portfolio.
- ✓ Initiated Modules: Conflict Management, CARR Workshop (Communication, Attitude, Responsiveness, Respect & Care) for entire hospital.
- ✓ Active participation in ISO audits, Sindh Health Care Commission Audit, Internal and external bodies Audits as Lead representative from Nursing division.
- ✓ Maintaining KPIs (Key performance indicators): Bed sores, 6 International Patient Safety Goals, Medication & Management usage, Crash cart and dealing, Training and development, Skills sign off, seminars/workshops/simulations.
- ✓ Preparing hospitals dash board of KPIs.
- ✓ Maintenance and use of all Clinical Skills Models and consumables of all mannequins, equipment and its use by multi- disciplinary teams & faculty.
- ✓ Leading Basic Life support, First Aid training, Out Patient Staff's Basic Skills training, Competency based Orientations of varied designation and need.
- ✓ Representation in following hospital committees: EC (Executive committee), MNC (Medical & Nursing committee), CQIC (Continuous Quality Improvement committee), MRC (Medical Records committee), Discharge of new born, MDR (Multi-disciplinary round).
- ✓ Making Nursing services and Nursing Education Services Policies and protocols.
- ✓ Expertise in IT based applications such as: Oracle, FlowHCM.
- ✓ Passionate for providing on-the job trainings of staff/doctors/technicians.
- ✓ Updating and monitoring Nursing staff credentials.
- ✓ Staff engagement, grooming, motivating, giving conducive environment for boosting productivity.

**Senior Nurse Manager, The Indus Hospital and Health Network Karachi Pakistan (July 2022- June 2023)**

Responsibilities:

- ✓ Introduced concept of Moodle and started Audits in nursing services and trained the relevant during my probation period only (July-Oct 2022).
- ✓ Prepared and introduced Patient Satisfaction survey on google form and prepared pivot for entire nursing services during probation period.
- ✓ Got all Nursing credentials online through IT support in my probation period there.
- ✓ Hybrid model in each course so all hospitals under Indus hospital can be streamed line.
- ✓ Prepared Budgeting for Training and development for department.
- ✓ Introduced Basic CPR course under Nursing Education Services.
- ✓ Introduced customized orientation for Registered Nurses (twice during my probation period).
- ✓ Prepared Nursing Education courses/ CNEs/Workshops Offering & Calendar for entire IHHN along with coordination with respective instructors/speakers and venue bookings. Further, liaison with IT dept. for Zoom connectivity for outreach campuses & for hybrid models.

- ✓ Designed & re-designed curriculum for Nursing Education Services modules & executed on fast pace during 4 months of joining the dept.
- ✓ Trained CNIS (Clinical Nurse Instructors) for clinical rounds, credentialing, and competency based orientation. As, CNIs are in reporting.
- ✓ Lead in HMIS Version 2.0 representing entire Nursing division for new electronic health record system and documentation software (liaise on with IT).
- ✓ Heading Nursing Education & Advisory committee.
- ✓ Active member of Policy and protocol committee and currently working on 2 policies (Training and development +Intravenous cannulation).
- ✓ Active member of Head of Department meeting with Medical Director.
- ✓ Crash orientation for RN and RM introduced in Jan 2023.
- ✓ Amalgamated Training of trainers for Gawadar, Badin, Primary health care sites and OBGYN introduced first time in The Indus Hospital and Health Network.
- ✓ Staffing and training need analysis done for GDA Hospital Gawadar Sept 26-30, 2022.
- ✓ Hands on practice on patients with Novice nurses in their transition role.
- ✓ Assessment reassessment of patient, NG, OG, Catheterization skills, Cannulation, Dressing, medication administration of assigned patients during clinical rounds.
- ✓ Executed research based work on Clinical Simulations in Peadiatrics dept.
- ✓ Provision of class rooms as per teaching learning activities.
- ✓ Liaise on with area Managers for staff credentials updates.

**Section Head Clinical Nursing, Liaquat National Hospital Karachi Pakistan (Feb, 2020- May, 2022).**

Responsibilities:

- ✓ Pioneer for Nursing Team got engrossed in combatting infections when the Covid-19 Pandemic crisis evolved in the world.
- ✓ For front fighters initiated taking bed side teaching sessions for on floor nurses for hands on clinical care aspects of the patients.
- ✓ As an Infection control Nurse, trained hospital's nurses for Nasopharyngeal Swabs Collection, Donning & Doffing of Personal Protective Equipment usage and Safe Burial Practices in regards to Covid-19 Pandemic.
- ✓ As a Nurse leaders contributed in revamping existing infra-structure of the hospital to cater best nursing care practices in relation to covid screening and accommodating positive patients in Peadiatrics and Obs gyne unit.
- ✓ It's an achievement that from Section 1, Home visit for baby's vaccination during Covid-19 pandemic was successfully initiated along with the Home Monitoring of COVID discharged patient and Home health care for Covid positive patient.
- ✓ Developing Audit Tools, policies and practice observation.
- ✓ Initiated hands on training on:
- ✓ Nurse Champions in Immunization Course Continuous Nursing Education for Out Reach Nurses initiated
- ✓ Role of a Peadiatric Cardiac Intensive Nurse.
- ✓ Home Health Care Nursing course initiated.

- ✓ Curriculum designed, facilitated and implemented for Primary Health care + Geriatric Health Care for Liaquat National Hospital.
- ✓ Essential Management of Obstetrical Emergencies.
- ✓ Crucial role of Healthcare professionals in the care of Neonates.
- ✓ Strengthening Peads cardiac care.
- ✓ Infection control & prevention (continuous sessions).
- ✓ Caring for Elderly-Our Prime Responsibility.
- ✓ Senior staff having hands-on over bedside area and supervising novice nurses for competency on bedside, performing nursing skills, documentation, dealing with incidents and responding it, vaccination, CPR, Medication skills performance on bedside, expertise in difficult cannulation and massive dressing, assessment and re-assessment of patients, vital signs monitoring, maintaining KPIs of infection, bedsores, teaching provision to patient in hospital and via zoom session for geriatric population.
- ✓ Peads Cardiology initiated, Head hunt, interviews at LNH.
- ✓ Achieved to get approved 1:1 labour room staffing (June 2022). After continuous coordination with Medical Director and team.
- ✓ Achieved to have separate staffing for gyne ward, pvt and OT recovery (June 2022). After continuous coordination with Medical Director and team.
- ✓ Achieved to have increased number of staffing in NICU to 42 (in June 2021) which initially was 15. After continuous coordination with Medical Director and team.
- ✓ Achieved to have increased number of Cath lab staff from 3-19 (in June 2021). After continuous coordination with Medical Director and team.
- ✓ Achieved to have staffing approved for Infection control from 3 to 6 in (June 2021). After continuous coordination with Medical Director and team.
- ✓ Achieved to have staffing for Out Patient from 50 to 73 (June 2022). After continuous coordination with Medical Director and team. Achieved to have 4 staff for Home health (June 2020). After continuous coordination with Medical Director and team.
- ✓ Achieved to have staff for Senior Citizen primary care unit (June 2020). After continuous coordination with Medical Director and team.
- ✓ Editorial Board Member of Liaquat National Journal of Primary care.

**Assistant Manager, Liaquat National Hospital Karachi Pakistan (Oct, 2016- Jan, 2020).**

Responsibilities:

- ✓ Responsible for timely monitoring of RCA and follow ups of unit, PDSA, sentinel events, complaints and incidents of the ward.
- ✓ Responsible for Internal and assigned unit audit.
- ✓ Responsible as a mentor of new graduates and new employees.
- ✓ Helping the upcoming graduates in transition of student life to a ward setting as a preceptor.
- ✓ Attending regular meetings with the director and manager. Along with this, active leadership responsibilities in quality projects with collaboration of Consultants and Physicians.
- ✓ Working with staff in revising the nursing care plans and policies of the institute/ward.
- ✓ Demonstrating problem solving, patient consultation and assessment skills.

- ✓ Demonstrating knowledge and application of collaborative decision making process with patient, physician, or other healthcare professionals.
- ✓ Keeping a track of budget and inventory of the unit.
- ✓ Handling complains of the patients both verbal and written.
- ✓ Making duty roster of the staff and updating nursing information system (People soft attendance entries).
- ✓ Maintenance/ updates of ward indicators, goals and objectives and quality projects.
- ✓ Dealing performance appraisals, counseling and ongoing feedbacks of the staff.
- ✓ Conducting competency based orientation forward staff.
- ✓ Made policy on verification of documents and generation of code. Jan 2017.
- ✓ Dealing with Pharmaceutical representatives and doctors from October 2016-to Feb 2020. Liaison with Multi firms, vendors for equipment.
- ✓ Core curriculum development member since 2018-2019 for 3 courses: Primary Health Care Nursing, Geriatric Care Nursing and Home health nursing at Liaquat National Hospital. Courses delivered and facilitated from July-October.
- ✓ Implementation of Patient Appointment system in an online software.
- ✓ Indent and daily raising items in Oracle.Liaise on with hospitals publication printing, marketing dept for seminars, lectures, educational session's publicity or any awareness programs.
- ✓ Establishment of store keeping at Cath Lab and hiring of inventory officer with initiating of keeping a track of all patient and unit used consumables.
- ✓ Compiling daily statistics of patients and reporting to Medical Director.
- ✓ Developed round checklists, revised policies. Made job descriptions of nursing services staff.
- ✓ Taking sessions for Nurses to enhance clinical competencies.
- ✓ Attending ISO related meetings of departments and working to get ISO certification of respective departments.
- ✓ Participate actively in enquiries, clinical and administrative issues pertaining to patient care, staff management.
- ✓ Feasibility plans for work expansion and staffing requisition approvals along with necessary equipment.
- ✓ Participating in Sindh commission round activities and reports.
- ✓ Hiring staff and its processes. Got Peads, Cath lab, OPD, Gyne Obs staff deficit covered through liaison with Chief Nursing Officer, Controller Nursing and HR.
- ✓ Active participation in Complain handling, Non- conformance report, enquiries, report formulation, investigation & reporting relevant authorities such as: Chief Nursing Officer, Controller Nursing administration, Director Administration, Director Finance & Medical Director.
- ✓ Active participation in staff training and learning needs and nominating them for the required.
- ✓ Conducting clinical rounds in assigned areas and Infection control rounds.
- ✓ In Extension and expansion of Cathlab, VIR, lithotripsy & Urodynamics, stroke services, Home health and outreach service centres, Head hunt and interviews, collaboration with HR-LNH

### **Head Nurse, Aga Khan University Hospital Karachi Pakistan (Aug, 2005- Sep, 2016)**

#### Responsibilities:

- ✓ Worked as a Full-time Bed side-Registered Nurse, Head Nurse (HN) in the Obstetric and gynecology (B2) unit (55 bedded unit with 1 Special care area, Semi-private rooms and Well-

baby nursery). With additional deputation in Private wing ward (27 bedded unit of Surgery) from April 27th 2015 till July 2015 and in Nursing Education Services from August 2015-Oct 2015.

- ✓ Obs gyne, Well baby nursery, NICU and Peads hands on expert for almost 12 years.
- ✓ Clinical and Administrative champion

### **Awards and Recognition:**

- ✓ [Deans honor roll award scholarship, certificate and Deans honor roll letter- AKU IED Oct 17<sup>th</sup> 2025 \(MPhil cohort 2025\).](#)
- ✓ Nominated for I Woman Global Awards:  
<https://iwomanglobalawards.org/users/nominee/1185>
- ✓ [Play, Nature and Neurosciences: A Holistic Approach to Child Development- Research paper presented at 13<sup>th</sup> international childrens conference at aku IED](#)
- ✓ [Completed Sustianability diet course by AKU UN CC E Learn – 24 October 2024.](#)
- ✓ [Paper presentation in San Farnsisco March 28, 2026 on Towards Effective AI Policy for Higher Education in Pakistan: Global Lessons, Local Adaptation and How Policies Are Formulated](#)
- ✓ [Paper Presentation at AKU-IED on 13<sup>th</sup> International children’s conference. Topic: play, nature and science: a holistic care](#)
- ✓ Monitoring Air Pollution Effects under the Convention [E-learning courses on monitoring air pollution effects under the convention on long range transboundary air pollution Oct 26, 2025 by UNECE](#)
- ✓ E-learning, AKU President's Challenge 2025: Climate Course, Oct 24 2025
- ✓ Oct 12th and 13th, 2019: University of the West of Scotland- United Kingdom, presented Coat of arm pin as a token of appreciation
- ✓ October 11-14th 2017: special anniversary celebration events in October in The University of the West of Scotland. Invited to be one of our roundtable discussants.
- ✓ ELE-net: Grammar for Academic Writing July 2025- AKU
- ✓ Writing a literature review- August 2025-AKU
- ✓ Writing a research proposal- August 2025- AKU
- ✓ ELE-net: Grammar for Academic Writing
- ✓ Basic Life Support July 2025- Patel
- ✓ Promotion at work place May 2025- Patel
- ✓ Cybersecurity awareness May 2025- Patel
- ✓ How to stay focused May 2025- Patel
- ✓ International Mathematics day April 2025- AKU IED
- ✓ Appreciation letters for holding GPA of greater than 3.6, in year 1<sup>st</sup> it was 4 GPA in BScN from 2001-2005.
- ✓ Best Sr staff, Best Registered Nurse appreciation pins at AKUH from 2005-2016.
- ✓ Two articles recognized by WHO & posted on their official Webpage:
- ✓ COVID-19 Pandemic Prevalence and Risk Factors for Depression among Health Care Workers in South Asia. - COVID-19 - <https://pesquisa.bvsalud.org/global-literature-on-novel-coronavirus-2019-ncov/resource/en/covidwho-1146337>
- ✓ National and International trainer and speaker.

- ✓ International Nursing Research Conference (INRC) conducted on October 19-21, 2023 at the Ziauddin Hospital & I trained nurses in workshop: International Nursing Research Conference- Reshaping the Nursing Profession Through Research & Innovation.
- ✓ Evaluation of Knowledge, Practices, Attitude and Anxiety of Pakistan's Nurses towards COVID-19 during the Current Outbreak in Pakistan - COVID-19 - <https://pesquisa.bvsalud.org/global-literature-on-novel-coronavirus-2019-ncov/resource/en/ppmedrxiv-20123703>
- ✓ Speaker at 5th international Patient Safety conference hosted at LNH. Workshop conducted on Infection control and prevention on March 19th, 2022: Implementation Research in Health Care Quality and Safety Received certificate & Memento for Out Standing support as Speaker.
- ✓ September 14-15, 2020: Virtual Conference on Nursing and Healthcare USA, NY. Oral presenter for the abstract entitled on "Evaluation of Knowledge, Practices, Attitude and Anxiety of Pakistan's Nurses towards COVID-19 during the Current Outbreak in Pakistan.
- ✓ Speaker in Training on Infection prevention and control and good clinical laboratory practices 10-13 May 2022 jointly conducted by Sindh Health care commission, Liaquat national hospital and Centre of Environmental and Occupational Health (CEOH) National Institute of Health (NIH), Department of Health. Received certificate and Memento.
- ✓ Ten Years' Service Award by Aga Khan University Hospital Karachi in Aug 2015.
- ✓ Nominated for Loretta C. Ford Lifetime Achievement Award.
- ✓ Keystone, 2015. Best safety coordinator AKUH for the year.
- ✓ Best Safety coordinator AKUH for the year 2013, awarded in November 2014.
- ✓ Nominated for Helen Henry award 2011-2012.
- ✓ Best Safety coordinator AKUH for the year 2012; awarded in November 2013.
- ✓ International Paper presentation in UAE Dubai on April 3rd, 2011.
- ✓ 2005-2015: Certificates of Appreciation in recognition of extra ordinary efforts in achieving JCI Accreditation Survey for AKUH-K.
- ✓ 5<sup>th</sup> Feb 2010: Awarded Certificate of Appreciation by Department of Emergency Medicine, Aga Khan University Hospital in recognition of dedicated and whole hearted efforts during disasters that took place in Karachi on December 28<sup>th</sup>, 2009 and February 5<sup>th</sup>, 2010.
- ✓ August 2009: Certificate of Appreciation awarded in recognition of dedicated and significant contribution to the successful Joint Commission International Accreditation Triennial Survey at Aga Khan University Hospital Karachi.
- ✓ April 16<sup>th</sup>, 2009: Best Act. HN award at Nursing Recognition Day at Aga Khan University Hospital Karachi.
- ✓ April, 2008: Awarded best senior staff 2007 in Nursing recognition day; Aga Khan University Hospital Karachi, Pakistan.

- ✓ November 20<sup>th</sup>, 2009: Participated in Children Day Celebration at Aga Khan University Hospital Karachi.
- ✓ November 20<sup>th</sup>, 2009: Awarded 1<sup>st</sup> Position in Poster competition at the Children Day Celebration at Aga Khan University Hospital Karachi.
- ✓ August 03<sup>rd</sup>- 07<sup>th</sup> 2009: Best Facility Management and Safety (FMS) Awareness and Compliance certificate for maintaining Best FMS awareness and compliance at B2-ward.
- ✓ 2009: Certificate of Appreciation awarded for maintaining 100% Attendance in the year of 2008.
- ✓ March, 2008: Received award of recognition of successful completion of 'Infection Control Module' from Aga Khan University Hospital Pakistan.
- ✓ September, 2006: Received certificate of Appreciation in recognition of dedicated and significant contribution to the successful Joint Commission International Accreditation (JCIA).
- ✓ December 10<sup>th</sup>, 2009: Evening shift Supervisor duty
- ✓ October 01<sup>st</sup>, 2008: Evening nursing supervisor duty
- ✓ August 06<sup>th</sup> -14<sup>th</sup>, 2009: Participated in Infection control quiz and received the certificate in 'infection control week celebration at Aga Khan University Hospital Karachi.
- ✓ June, 2008: Contributed in the Continuous Quality Improvement (CQI): Enhancement of Quality in Laundry and linen services department at Aga Khan University Hospital Karachi, Pakistan.

**Publications and Research work: (Jumani and Alwani both are my Surnames)**

Jumani-Alwani, S. S. (2025, November 13). *Comparison on vocational education and training across different national and international contexts*. The Education and Development Forum (UKFIET). <https://www.ukfiet.org/2025/comparison-on-vocational-education-and-training->

[across-different-national-and-international-contexts/](#)

Jumani, S. (2026, March 28–April 1). *Towards effective AI policy in higher education in Pakistan: Global lessons, local adaptation, and policy formulation processes*. Paper presented at the 70th Annual Meeting of the Comparative and International Education Society, Hilton San Francisco Union Square, San Francisco, CA, United States.

Alwani, S. S., & Zeeshan, M. (2025, October). *Play, nature, and neurosciences: A holistic care for child development*. Paper presented at the 13th International Conference on Raising Children in Our Times, Aga Khan University Institute for Educational Development, Karachi, Pakistan.

[https://www.researchgate.net/publication/396673792\\_Play\\_Nature\\_and\\_Neurosciences\\_A\\_holistic\\_care\\_for\\_child\\_development](https://www.researchgate.net/publication/396673792_Play_Nature_and_Neurosciences_A_holistic_care_for_child_development)

Jumani, S. (2025). *Sustainability, human centered design & exchange of ideas across borders*. AKU Ink and insight publication for the collaborative efforts made with Daras Salam: Issue 2, Volume 2, p. 6. <https://share.google/5RtrCJnVA6urZjavl>

Alwani, S. S. (2025, March 5). *Alumni interview: Shaheena Salman Alwani*. WEST Alumni Blog. [https://uwsalumni.org/2025/03/05/alumni-interview-shaheena-salman-alwani/?fbclid=IwY2xjawN9Kn9leHRuA2FlbQIxMQBzcnRjBmFwcF9pZBAyMjIwMzcxNzg4MjAwODkyAAEegcPMKQ\\_qGj0g8D859T2GLWzy1hOJL0iFzJPNM8zoPXzVsPrYQ3884fwRt\\_8\\_aem\\_MabcJ3c1r9r9xjaw](https://uwsalumni.org/2025/03/05/alumni-interview-shaheena-salman-alwani/?fbclid=IwY2xjawN9Kn9leHRuA2FlbQIxMQBzcnRjBmFwcF9pZBAyMjIwMzcxNzg4MjAwODkyAAEegcPMKQ_qGj0g8D859T2GLWzy1hOJL0iFzJPNM8zoPXzVsPrYQ3884fwRt_8_aem_MabcJ3c1r9r9xjaw)

Alwani, S. S., Majeed, M. M., Ramzan, Z., Rauf, S., Syed, M. S., Shah, S. H., Hirwani, M. Z., & Hamirani, F. (2020). Evaluation of knowledge, practices, attitude, and anxiety of nurses towards COVID-19 during the current outbreak in Karachi, Pakistan. *Pakistan Journal of Public Health*,

10(2), 82–90. <https://doi.org/10.32413/pjph.v10i2.601>

Alwani, S. S. (2023). Letter to the editor. *Patel Insights*, 9(4), 1.

<https://share.google/3E8CwA0oV7045bPjr>

Alwani, S. S., Jumani, S., et al. (2021, March). *COVID-19 pandemic prevalence and risk factors for depression among health care workers in South Asia. Asia-Pacific Journal of Public Health*, 33(8), 101053952110023. <https://doi.org/10.1177/10105395211002324>

Alwani, S. S. (2020). *Nurses are the backbone of a healthcare system. Liaquat National Journal of Primary Care*, 2(2), 55. <https://doi.org/10.37184/lnjpc.2707-3521.2.10>

Alwani, S. S. (2020, September 14–15). *Evaluation of knowledge, practices, attitude, and anxiety of Pakistan's nurses towards COVID-19 during the current outbreak in Pakistan. Book of Abstracts, Virtual Conference on Nursing and Healthcare, New York, USA.*

Alwani, S. S. (2018, June 25–27). *Enhancing breastfeeding practices of newly mothers through postnatal education program* [Paper presented at the 24th World Nurse Practitioners & Healthcare Congress, Dubai, UAE]. *Journal of Nursing & Care*, 7.

<https://doi.org/10.4172/2167-1168-C6-080>

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<https://www.researchgate.net/publication/397432523> Evaluation of knowledge practices attitude and anxiety of Pakistan's nurses towards COVID-19 during the current outbreak in Pakistan Book of Abstracts Virtual Conference on Nursing and Healthcare New

Alwani, S. S. (2025, November). *Teaching and awareness can build our future* [Poster presentation]. SOGP Conference. <https://doi.org/10.13140/RG.2.2.28723.28969>

Alwani, S. S. (2025, November). *Mothers' psychological health* [Poster presentation]. SOGP Conference. <https://doi.org/10.13140/RG.2.2.15301.51686>

Alwani, S. S. (2025, November). *Gestational DM: My model* [Poster presentation]. SOGP Conference. <https://doi.org/10.13140/RG.2.2.18656.96005>

Alwani, S. S., & Zeeshan, M. (2012, May). *Magic words that improve patient outcome*. RNL-Reflection in Nursing Leadership Journal  
[https://www.researchgate.net/publication/351359595\\_Magic\\_words\\_that\\_improve\\_patient\\_outcome](https://www.researchgate.net/publication/351359595_Magic_words_that_improve_patient_outcome)

Jumani, S. S. (2010) Breast Feeding [Poster Presentation AKHUWAT Issue 79, Best Poster award][https://www.linkedin.com/posts/share-7389949468168728576-JwVT?utm\\_source=share&utm\\_medium=member\\_desktop&rcm=ACoAACfToQBdT5ZEsKyZoGNg-BXC3XzNBzcln4](https://www.linkedin.com/posts/share-7389949468168728576-JwVT?utm_source=share&utm_medium=member_desktop&rcm=ACoAACfToQBdT5ZEsKyZoGNg-BXC3XzNBzcln4) <https://ecommons.aku.edu/akhuwat>

Alwani, S. S. (2017). The case study of gestational diabetes mellitus (GDM) underwent elective lower segment caesarean section. *Global Journal of Reproductive Medicine*, 1(3).  
<https://doi.org/10.19080/GJORM.2017.01.555563>

Alwani, S. S. (2017). Promoting mother's psychological health after fetal loss: Descriptive case reports. *Global Journal of Reproductive Medicine*, 1(4).  
<https://doi.org/10.19080/GJORM.2017.01.555567>

Alwani, S. S. (2025, March). *K2MS training* [Training].

[https://www.researchgate.net/publication/389611601\\_k2ms\\_training#fullTextFileContent](https://www.researchgate.net/publication/389611601_k2ms_training#fullTextFileContent)

Alwani, S. S. (2020, December). Nurses are the backbone of a healthcare system. *Liaquat National Journal of Primary Care*, 2(2). <https://doi.org/10.37184/lnjpc.2707-3521.2.10>

**Details of all Publication in link:**

[drive.google.com/file/d/1NivmGmUs230DEDuJCtPJz14OLYhoQUIy/view?usp=sharing](https://drive.google.com/file/d/1NivmGmUs230DEDuJCtPJz14OLYhoQUIy/view?usp=sharing)

Editorial: Nurses are the Backbone of a Healthcare System, LNJPC Journal 2020 Dec. DOI: <https://doi.org/10.37184/lnjpc.2707-3521.2.10>

<https://journals.lnh.edu.pk/lnjpc/pdf/c128bc63-50fa-4e4b-9307-d0d7a8f2455f.pdf>

September 14-15, 2020: Virtual Conference on Nursing and Healthcare USA, NY. Oral presenter for the abstract entitled on “**Evaluation of Knowledge, Practices, Attitude and Anxiety of Pakistan’s Nurses towards COVID-19 during the Current Outbreak in Pakistan**”. DOI: <https://doi.org/10.32413/pjph.v10i2.601>

Enhancing breastfeeding practices of newly mothers through postnatal education program 24th World Nurse Practitioners & Healthcare Congress J Nurs Care 2018, Volume 7 DOI: 10.4172/2167-1168-C6-080. June 25-27, 2018 Dubai, UAE

Assess the knowledge of nosocomial infection in nursing staff (on 20 March 2022 in 5<sup>th</sup> international Safety conference)

In LNH Newsletter Strengthening Peads Cardiac care section had appraised me with my name 2022

In LNH Newsletter 2 courses that I obtained from AKUH funded by European Union Research was published in 2021

In LNH newsletter published article on Colorectal, USA presentation on Covid research and Disinfectant solution initiation at LNH

COVID-19 Pandemic Prevalence and Risk Factors for Depression Among Health Care Workers in South Asia.

Asia Pacific Journal of Public Health - Decision on Manuscript ID APJPH-20-Oct-1036,

<https://journals.sagepub.com/doi/10.1177/10105395211002324>

<https://journals.sagepub.com/eprint/QRBNT2SAIYRBKMVRD7P9/full>

<https://doi.org/10.1177/10105395211002324>

Teaching and learning can build future, Oct-dec 2016

Nurses are the backbone of a health care system. Liaquat National Journal of Primary Care 2020; 2(2): 32-34 <https://doi.org/10.37184/lmjpc.2707-3521.2.10>

Evaluation of Knowledge, Practices, Attitude and Anxiety of Pakistan's Nurses towards COVID-19 during the Current Outbreak in Pakistan

<https://www.pjph.org/index.php/pjph/article/view/601>

<https://www.medrxiv.org/content/10.1101/2020.06.05.20123703v2>

September 14-15, 2020: Virtual Conference on Nursing and Healthcare USA, NY. Oral presenter for the abstract entitled and published abstract in booklet on “**Evaluation of Knowledge, Practices, Attitude and Anxiety of Pakistan’s Nurses towards COVID-19 during the Current Outbreak in Pakistan.**”

September 14-15, 2020: Virtual Conference on Nursing and Healthcare USA, NY Proceedings of Online Conference on

September 14-15, 2020 Nursing and Healthcare page number 4 and 40, published abstract and biography.

Editorial: Nurses are the Backbone of a Healthcare System, LNJPC Journal 2020 Dec. DOI: <https://doi.org/10.37184/lmjpc.2707-3521.2.10>

September 14-15, 2020: Virtual Conference on Nursing and Healthcare USA, NY. Oral presenter for the abstract entitled on “**Evaluation of Knowledge, Practices, Attitude and Anxiety of Pakistan’s Nurses towards COVID-19 during the Current Outbreak in Pakistan.**”

Enhancing breastfeeding practices of newly mothers through postnatal education program 24th

World Nurse Practitioners & Healthcare Congress J Nurs Care 2018, Volume 7 DOI: 10.4172/2167-1168-C6-080. June 25-27, 2018 Dubai, UAE

Contribution in Liaquat National Hospital's News line Primary and Geriatric Health care Nursing Curriculum development and course, article published in last quarter of year 2019.

Editorial Board member for Liaquat National Journal of Primary Care ISSN: 2708-9134 (Online) ISSN: 2707-3521 (Print) Vol.2, No. 1, 2020.

Editorial Board member for Liaquat National Journal of Primary Care ISSN: 2707-3521 Vol.1, No.1, 2019.

Letter of acceptance <https://nursing-conferences.org/> for Online Conference on Nursing and Healthcare | September 14-15, 2020 abstract has been ACCEPTED for Oral Presentation at the conference proceedings on Evaluation of Knowledge, Practices, Attitude and Anxiety of Pakistan Nurses towards COVID-19 during the Current Outbreak in Pakistan

Shaheena Salman A. The Case Study of Gestational Diabetes Mellitus (GDM) Underwent Elective Lower Segment Caesarean Section. Glob J Reprod Med. 2017; 1(3): 555563.

<https://juniperpublishers.com/gjorm/pdf/GJORM.MS.ID.555563.pdf>

Shaheena S A. Promoting Mothers' Psychological Health after Fetal Loss-Descriptive CaseReports. Glob J Reprod Med. 2017; 1(4): 555567

<https://juniperpublishers.com/gjorm/pdf/GJORM.MS.ID.555567.pdf>

24th World Nurse Practitioners & Healthcare Congress 2018: J Nurs Care 2018, Volume 7 DOI: 10.4172/2167-1168-C6-080. Enhancing breastfeeding practices of newly mothers through postnatal education program; Journal of Nursing & Care.

Feb 11<sup>th</sup> -12<sup>th</sup>, 2017: 8<sup>th</sup> Fertility Conference 9<sup>th</sup> Anniversary of Sindh Institute of Reproductive Medicine (SIRM). At Movenpick Hotel Karachi, in collaboration with Pakistan Medical Association Karachi with TEN credit hours. Theme: Challenges in OBGYN and ART. Paper presented on "The case study of GDM underwent ELSCS".

Feb 11<sup>th</sup> -12<sup>th</sup>, 2017: 8<sup>th</sup> Fertility Conference 9<sup>th</sup> Anniversary of Sindh Institute of Reproductive

Medicine (SIRM). At Movenpick Hotel Karachi, in collaboration with Pakistan Medical Association Karachi with TEN credit hours. Theme: Challenges in OBGYN and ART. Paper presented on “Promoting Mother’s Psychological Health after Fetal loss, Descriptive reports”.

Feb 11<sup>th</sup> -12<sup>th</sup>, 2017: 8<sup>th</sup> Fertility Conference 9<sup>th</sup> Anniversary of Sindh Institute of Reproductive Medicine (SIRM). At Movenpick Hotel Karachi, in collaboration with Pakistan Medical Association Karachi with TEN credit hours. Theme: Challenges in OBGYN and ART. Paper presented on “ Teaching and Awareness can build our Future”.

Enhancing Breastfeeding Practices of Newly Mothers through Postnatal Education Programme  
[https://www.omicsonline.org/conference-proceedings/2161-0932.C1.013\\_018.pdf](https://www.omicsonline.org/conference-proceedings/2161-0932.C1.013_018.pdf)

[http://ecommons.aku.edu/aku\\_symposium/2013\\_aeme/day1\\_pp\\_tl/5/](http://ecommons.aku.edu/aku_symposium/2013_aeme/day1_pp_tl/5/)

<https://juniperpublishers.com/gjorm/pdf/GJORM.MS.ID.555563.pdf>

<https://juniperpublishers.com/gjorm/pdf/GJORM.MS.ID.555567.pdf>

When opportunities knock, take them; AKU-NAMA Summer 2010, Vol.3, Issue I.

Beyond the normal routine: <http://www.reflectionsonnursingleadership.org/default.aspx>

Poster presentation accepted in Atlanta:

[http://www.nursingsociety.org/STTIEvents/LeadershipSummit/Pages/LSAtlanta\\_posters.aspx](http://www.nursingsociety.org/STTIEvents/LeadershipSummit/Pages/LSAtlanta_posters.aspx)

**2015:** In Sigma Theta Tau International's 26th International Nursing Research Congress, Oral Presentation Title on “Online Training for Obs Gyne Wards Staff: K2 Medical Systems, Knowledge in Medicine, Perinatal Training Programme” accepted.

Also, Promoting Mothers' Psychological Health after Fetal Loss: Descriptive Case Reports as oral presentation is accepted. Moreover the same topic is been selected for poster presentation at National Nurse Practitioner Symposium – July 9-12, 2015 in Keystone, Colorado.

Nov 30<sup>th</sup>, 2015: Certificate of Poster presentation and Abstract publication at AKUH Research forum. Topic: “Promoting Mother’s psychological Health after Fetal loss” at International conference on Maternal, fetal and Neonatal Medicine at AKUH.

Nov 30<sup>th</sup>, 2015: Certificate of Poster presentation and Abstract publication at AKUH Research forum. Topic: “The case study of GDM underwent ELLSCS” at International conference on Maternal, fetal and Neonatal Medicine at AKUH.

Jan 28-29<sup>th</sup>, 2012: AEME: Abstract accepted and presented poster on Obs Gyne K2 MS use.

November 20<sup>th</sup>-21<sup>st</sup>, 2008:

Abstract approved by Anesthesia department and published on 20-21<sup>st</sup> Nov 08. Title “Challenges faced by nurses in managing Pain”. Abstract Book of 8<sup>th</sup> Annual Pain Symposium Anesthesia department.

April 19<sup>th</sup>, 2008:

Received certificate of Participation in Scientific poster titled ‘Best Infection Control Practices in B2 ward’ at Aga Khan University Hospital Pakistan.

STTI's sponsored site:

<http://www.2010iynurse.net/Transitions.aspx>

<http://www.2010iynurse.net/Innovations.aspx>

<http://www.2010iynurse.net/PakistanPoem.aspx>

<http://www.2010iynurse.net/NursePoem.aspx>

<http://www.2010iynurse.net/AgaKahn.aspx>

[AKHUWAT Online Issue No. 79](#)

Page 13 and 17 for International Breast feeding day celebration at

AKUH.Proud to announce by University:

[AKHUWAT Online Issue No. 79](#)

Page 17 for International Breast feeding day Poster 1<sup>st</sup> prize at AKUH.

**NEWSLETTER "AKHUWAT" ISSUE NO. 82 – 2011** page: Shaheena **Salim Jumani**, HeadNurse B2 Obs/Gyne ward for representing AKU at International Obs-Gyne Exhibition and Congress 2011 held

at Dubai from April 3 to 5, 2011. The topic of her presentation was Pain Relief: Challenges for a Nurse in Dealing with Patients with Pain in Obs/Gynae Ward.

**AKHUWAT Jan 2015:** issued a pic for attending: Interviewing Skills workshop for Nursing Services.

**SCIENTIFIC POSTER/ABSTRACT PRESENTATION:**

19/8/2022 letter of intent for Early career simulation research grant program sent. Topic: Evaluation of knowledge, practices & attitude in Nursing interns for Simulation based booth at tertiary care set up, Karachi Pakistan.

Submitted Abstract in Patient Safety conference from 18-20 March 2022:

- Training Need Analysis on International Patient Safety Goals.
- Crucial role of Health care professionals in the care of Neonates: Knowledge, Attitude and Practices.
- Strengthening Paeds Cardiac Care: Knowledge, Attitude and Practices.
- 1st Comprehensive Course on Role of a Nurse Champion in immunization.
- Assess the knowledge of nosocomial infection in nursing staff ( on 20 March 2022 in 5<sup>th</sup> international Safety conference presented paper)

Editorial: Nurses are the Backbone of a Healthcare System, LNJPC Journal 2020 Dec.  
DOI:<https://doi.org/10.37184/lnpjpc.2707-3521.2.10>

<https://journals.lnh.edu.pk/lnpjpc/pdf/c128bc63-50fa-4e4b-9307-d0d7a8f2455f.pdf>

September 14-15, 2020: Virtual Conference on Nursing and Healthcare USA, NY.  
Oral presenter for the abstract entitled on “**Evaluation of Knowledge, Practices, Attitude and**

[Anxiety of Pakistan’s Nurses towards COVID-19 during the Current Outbreak in Pakistan.](#)

Enhancing breastfeeding practices of newly mothers through postnatal education program 24th World Nurse Practitioners & Healthcare Congress J Nurs Care 2018, Volume 7 DOI: 10.4172/2167-1168-C6-080. June 25-27, 2018 Dubai, UAE

Feb 2017: 8<sup>th</sup> Fertility conference SIRM, AEIRC conference: The case study of GDM underwent ELLSCS abstract and poster presentation.

Feb 2017: 8<sup>th</sup> Fertility conference SIRM, AEIRC conference: Teaching and awareness can build our future.

Feb 2017: 8<sup>th</sup> Fertility conference SIRM, AEIRC conference: Promoting mother’s psychological health after fetal loss- descriptive case reports.

Royal College of Obstetricians and Gynaecology World Congress 2016 Promoting Mothers’ Psychological Health after Fetal loss e-poster presentation.

The case study of gestational diabetes mellitus (GDM) underwent elective lower segment caesarean section" & "Promoting mothers; psychological health after fetal loss- descriptive case reports" at the international conference on Maternal, Fetal and Neonatal Medicine Nov 30, 2015

2015: In Sigma Theta Tau International's 26th International Nursing Research Congress, Oral Presentation Title on “Online Training for Obs Gyne Wards Staff: K2 Medical Systems, Knowledge in Medicine, Perinatal Training Programme” accepted.

Also, Promoting Mothers' Psychological Health after Fetal Loss: Descriptive Case Reports as oral presentation is accepted. Moreover the same topic is been selected for poster presentation at National Nurse Practitioner Symposium – July 9-12, 2015 in Keystone, Colorado.

Dec 20<sup>th</sup> and 21<sup>st</sup> 2012: 7<sup>th</sup> Health Sciences Research Assembly, Aga Khan University Hospital published Abstract: Promoting Mothers' Psychological Health after Fetal Loss: Descriptive Case Reports

Jan 28-29<sup>th</sup>, 2012: AEME: Abstract accepted and presented poster on Obs Gyne K2 MS use.

Obs-Gyne 2011 congress in Dubai; represented AKUH for Oral Presentation on Pain relief 3-5 April 2011.

May 29<sup>th</sup>, 2010:

Scientific poster on 'Nurses leading Chronic Care' on the occasion of International Nurses day celebration at Aga Khan University Hospital.

May 29<sup>th</sup>, 2010:

Scientific poster on 'World needs Midwives More then ever': Midwifery is the heart and science of birth, but they are undervalued in Pakistan. Presented poster on the occasion of International Nurses day celebration at Aga Khan University Hospital.

March 11<sup>th</sup>, 2008:

Best infection control practices poster work presented at Aga Khan University

Hospital Karachi..May 17<sup>th</sup>, 2008:

Submitted abstract 'Availability of School Health Nurse in Community based Schools' for International Nurses Day 2008 and abstract accepted for Poster Presentation.

May, 2008: Received letter of appreciation for abstract and poster presentation on 'Availability of School Health Nurse at community based schools'.

April 19<sup>th</sup>, 2008:

Received certificate of Participation in Scientific poster titled 'Best Infection Control Practices in B2 ward' at Aga Khan University Hospital Pakistan.

November 20<sup>th</sup>-21<sup>st</sup>, 2008:

Abstract approved by Anesthesia department and published on 20-21<sup>st</sup> Nov 08. Title "Challenges faced by nurses in managing Pain". Abstract Book of 8<sup>th</sup> Annual Pain Symposium Anesthesia department.

Abstract submission form "enhancing breast feeding practices of newly mothers through postnatal education programme." Poster presentation accepted in Atlanta.

Abstract submission form "enhancing breast feeding practices of newly mothers through postnatal education programme." Paper work presented at SOGP 13<sup>th</sup> Biennial Scientific Conference.

Abstract submission on "husband's presence during child birth." Oral Presentation by Ms. Rashida in International Nurse's day Symposium 2009 at Aga Khan University Hospital Karachi.

August 05<sup>th</sup>, 2009:

Poster submitted on "Smoking Kills" at Aga Khan University Hospital Karachi.

- Photo



- Short candidate statement (250–500 words) outlining their vision for CIES

My vision for CIES is to strengthen its role as an inclusive, global community where students from diverse regions and professions contribute meaningfully to comparative education. With a background in nursing, maternal and child health, clinical teaching and research, I value the insights that practice based scholars bring to educational debates.

I aim to enhance student engagement through mentorship, cross regional dialogue and accessible platforms for sharing emerging ideas. I also hope to support a stronger recognition of the Global South as a site of knowledge production. Expanding digital participation can further reduce barriers for students who cannot attend in person.

My commitment is to a CIES where students feel supported, connected and able to shape the field with confidence.